

COVID-19 RISK ASSESSMENT

ORGANISATION:	Chelmsford City Walking Football Club (CCWFC)
SCOPE OF ASSESSMENT:	Training sessions on 3G facility at Melbourne Park
ASSESSMENT CARRIED OUT BY:	Peter Osborne
POSITION HELD:	Secretary and Covid-19 Officer, CCWFC
DATE:	16 May 2021
ASSESSMENT ENDORSED BY:	Chris Jullings
POSITION HELD:	Chairman, CCWFC
DATE:	16 May 2021

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THERE IS A RISK THAT	MITIGATING CONTROL:	RESIDUAL RISK:	RESIDUAL CONTROL:
<p>The Club does not comply with HM Government's Covid-19 directions.</p>	<p>The number of participants at sessions is theoretically unlimited. However to aid organisation and session management, players are allocated to sub-groups, to help minimise contact with others.</p> <p>Players are pre-selected for sub-groups and are advised of their allocations in advance to enable them to identify with their sub-groups and help avoid unnecessary mingling.</p> <p>Sub-groups are allocated to specific areas of the pitch to aid distancing.</p> <p>Players are required to arrive ready dressed for their session. Changing rooms must not be used.</p> <p>Players are advised in advance of the sessions to assemble with their coach, at their allocated area on the pitch, obeying the social distancing requirements, to help eliminate mingling.</p> <p>Players are reminded, as good practice, not to handshake or make physical contact with their colleagues.</p> <p>Council provided toilet facilities display clear signage and are floor-marked to ensure compliance with social distancing requirements. The entrance to the toilets is separate from the exit: In one way and out another. Hand sanitisers are provided at the entrance to, and exit from, the toilets.</p>	<p>None</p>	<p>NA</p>

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	<p>Entrance and exit doors and interior doors are propped open to prevent unnecessary contact with handles etc.</p> <p>Players are required to go straight home after their session.</p> <p>An attendance register is maintained to facilitate 'Test and Trace' and the required 'Test and Trace' poster is affixed to the boundary fence to enable players to 'check-in'.</p>		
<p>Players may attend a session even if they are exhibiting potential Covid-19 symptoms.</p>	<p>Coaches are required to confirm with players before the start of a session that neither they nor anyone they have been in contact have displayed Covid-19 symptoms within the last two weeks or have been Covid-19 diagnosed. Symptoms include:</p> <ul style="list-style-type: none"> • a high temperature (above 37.8°C); • a new continuous cough; • experiencing shortness of breath or a sore throat; • a loss of or change in normal sense of taste or smell; and/or • feeling unwell. <p>If they have/do the player is asked to go home, isolate immediately and seek medical advice.</p>	None	NA
<p>Social distancing is not maintained before the session begins.</p>	<p>Coaches require players to set down their personal holdings (sports bags etc.) in accordance with social distancing requirements.</p>	None	NA

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Social distancing is not maintained during play.	<p>Training exercises are designed to ensure that social distancing requirements are not contravened.</p> <p>All coaches employ training exercises from a carefully selected portfolio.</p> <p>Match-play is designed so that players remain socially distanced.</p>	<p>None</p> <p>Players may not observe social distancing requirements.</p>	<p>NA</p> <p>Any player deliberately contravening social distancing will be asked to leave the pitch for a short period of time. If the act is repeated, the offender may be asked to leave the session.</p>
Social distancing is not maintained during breaks.	Players are required to take refreshments in the vicinity of their sports bags.	None	NA
The covid-19 virus could be transferred between players by fomites.	<p>Goalkeepers are required to use their own gloves.</p> <p>Players are permitted to handle footballs and equipment but are encouraged to hand-sanitise during refreshment breaks. (Training group managers hold supplies of hand sanitiser for this purpose).</p> <p>Heading of the ball is not permitted.</p> <p>Players are encouraged not to shout, spit or rinse out their mouths out on the playing area.</p>	None	None

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THERE IS A RISK THAT:	MITIGATING CONTROL:	RESIDUAL RISK:	RESIDUAL CONTROL:
<p>The Covid-19 virus could be transferred if a player requires medical attention.</p>	<p>The groups include first-aiders, who are the only people who may administer first-aid. The first-aider would assess the severity of an injury etc. and determine the appropriate course of action.</p> <p>If a player sustains a minor injury, such as a cut, he would be asked to manage the injury himself, using the first aid kit held by the first-aider, and hand sanitise after touching the first-aid kit.</p> <p>If a player sustains a more serious, but not life threatening, injury the first-aider would assess at an appropriate distance the severity of the injury and summon the emergency services as necessary.</p> <p>If a player suffers a life threatening condition, such as a heart attack, the first-aider would, in the first instance, don the necessary PPE and perform CPR (no rescue breaths), using an appropriate piece of material to cover the player's mouth and nose (to avoid possible Covid-19 air transfer).</p> <p>After touching the injured player the first-aider would sanitise their hands and equipment.</p>	None	NA
<p>Equipment could be contaminated during the training sessions.</p>	<p>After the sessions, coaches are required to disinfect all equipment and footballs used.</p>	None	NA