













Terry Buck:Chairman, Team Manager 65+Peter Osborne:Secretary, Joint Team Manager 60+Gary Murphy:Kit Manager, Joint Team Manager 50+, 60+Mark Elnaugh:Treasurer, Joint Team Manager 50+Chris Jullings:Social SecretaryBob Willis:Committee MemberGerry Howard:Welfare Officer

CHELMSFORD CITY WALKING FOOTBALL CLUB NEWSLETTER, No.18

Welcome to Newsletter No18.

FEB 2019

Well Xmas has come and gone (as has much of our increased waistline) and we are now looking forward to the new league season starting in March!!

In this edition we have another 'Player Profile', 'Chris' Corner' takes an amusing look at the transfer market a hundred years ago and the 'Footie Quiz' is here again. There is also news about our spring social together with some exciting developments about increasing club membership.

As always I hope you enjoy the read.

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FORTHCOMING FIXTURES FOR YOUR DIARY

DATE	VENUE	TIME	EVENT	VERSUS
Tuesday 12 th	Fulham FC training ground	11.30	Friendly	Fulham WFC
February	Note: Training will also take place at		-	
	Melbourne as usual for those not			
	playing at Fulham.			
Tuesday 26 th	Melbourne 3G	9.30 for	Club mini	Various
February		10.00	tournament	

Unless otherwise advised please arrive at the venue at least 30 minutes prior to kick-off to allow for registration, changing etc. In the event that you are unable to play in any match that you have been selected for, please make sure you notify your team manager without delay. Referees are instructed that anyone not wearing shin-pads will not be allowed to play. As always, please check on our website http://www.chelmsfordcityfc.com/teams/136556 for further information on the above fixtures.

RECENT MATCHES

The closed-season mini tournament format has continued to thrive with the 3^{rd} tournament attracting teams from Southend and Rowhedge (sadly Clacton dropped out). We created a 6^{th} team on the day which I called Mismash United but I was quickly corrected, apparently they were called the All Stars O.

It didn't do them any harm as you can see they came 3rd

- 1st Southend
- 2nd Rowhedge
- 3rd All Stars
- 4th Pinks
- $5^{\mbox{\scriptsize th}}$ Clarets
- 6th Orange

It was another enjoyable morning with some great footie and camaraderie followed by the usual banter and a fantastic chilli con carnie. Well done to Mark for organising! We have another mini tournament planned for the 26th February, please make sure you have set your availability on Pitchero.

We will continue with the mini tournaments during the league season where the league programme allows.

OTHER NEWS

Spring social event 12th April - Gunrunner

After the success of the quiz night in November we are putting on our next social evening in April.

A number of you will know that our own Spencer Pratten has a great rock covers band called Gunrunner – they are absolutely fantastic. They will be doing their 'classic rock jukebox' show at the Chelmsford City clubhouse on the **Friday 12th April.**

The evening is open to club members, friends, family and of course the loyal Gunrunner following!

We will also be running a raffle on the night with all proceeds again going to the Prostate Cancer charity.

It will be a straightforward bar and entertainment (no food), tickets are available from me priced £10 each.

I am now taking bookings! (as usual I will hound you till you buy your tickets!!!).



Developing club membership - next steps

As you know we hire one of the 3 pitches for normal Tuesday training (and all 3 pitches for tournaments).

Changes in council charges means that it is now more economic to hire all 3 pitches for Tuesday training.

This gives us a wonderful opportunity to grow our membership and to broaden the amount of 'recreational walking football' that we offer.

As we know Walking Football has its roots in recreational activity and social inclusiveness. In more recent years there has been a general shift in the game to more competitiveness.

There is no right or wrong, but there is an opportunity to 'market' recreational football as the starting point for potential new members.

Some may only want recreational football others may want to feed through to the more competitive activity.

It may also be that some of you as existing members would prefer to participate in a more recreational approach.

We probably all have different views as to what 'recreational walking football' looks like.

To this end Peter and the CCWFC have constructed a draft 1hour programme, which would have the following elements

Collection of session fees and enrolment of new members, including distribution of a handout
providing information about CCWFC.
This stage will include details about our provisions
for handling emergencies.
Introduction and welcome to new players.
Share with players the programme we plan to adopt
for the session.
Warm-up exercises.
'Walking' practice.
Soccer drills.
Recreational matches.
Warm-down exercises

We would like to 'trial' this on Tuesday 12th March for an hour with 10 volunteers from existing members so that we can have player input in finalising what this 'recreational' walking football hour looks like.

Once we have a fit for purpose session we will have something concrete to promote & market. We expect to start marketing this in late March / April.

There are a host of channels - Facebook, posters in GP surgeries & hospital (playing to the social prescribing agenda); Essex Radio; an article in the Essex Chronicle; word of mouth by us as existing members. I'm sure you can all think of more.

We anticipate that this recreational avenue would be the starting point for all new members (unless they make a convincing case to move straight to mainstream activity).

One of the advantages of this would be to avoid the many examples of new members jumping straight in the deep end and quickly getting injuries because they over- estimate their readiness for physical activity.

It would also be an opportunity for us to help new members to 'learn' the walking football game before engaging in the cut and trust of the more competitive game.

This recreational approach will be a feeder to the mainstream activity, but it will also be exactly what many people will be happy to stay doing (it will be their mainstream).

If we can get this off the ground it is likely that someone may emerge (either an existing or new member) who will want to lead this aspect of club activity.

If we are successful with this approach we envisage that there would be a committee member (existing or new) with responsibility for this activity.

Clearly, if successful there will be a point where we reach capacity, but given the 3 pitches this would be a future issue. Having a waiting list would be a nice problem to have!

All of this is work in progress and we welcome your thoughts on the ideas here plus of course your own ideas.

Please let me or Peter know if you are prepared to be one of the 10 volunteers (for an hour) on Tuesday 12th March to help trial this 'recreational' walking football hour.

Great ' club' promotion video

If you haven't seen it yet I would encourage you to watch the excellent video promoting the club that Bob Willis has produced.

You can find it at https://youtu.be/pCKhYPt0OuI

Please share the link with friends, family or any one who you think might have an interest in getting involved in walking football, whether its playing, helping run the club, being an ambassador or supporting club development.

The new league season

The new Essex league season starts in March. Firstly, a big public thank you to Terry and Peter who put a huge amount of effort into working with the Essex league to establish the league programme(s) for the 50, 60 and 65 age groups.

This is no mean feat when you consider the logistics of dates, tournament centres and dovetailing with cup competitions and special events like The Prostate Cancer Trophy.

The popularity of the game is continuing to grow and more teams have joined the Essex League.

Indeed, this year Chelmsford City will have two over 65' teams!

This has meant that a decision has been taken by the EWFL to create a north and south division in some age groups.

You will see the league structures below, ignore the reference to Chelmsford City lions, tigers etc, this was an earlier possibility, we have settled on sticking with Clarets and Blues (with Blues wearing bibs against the Clarets).

As you can see below the 50 and 65' have been split into north and south, but the 60' remains a single league.

The EWFL intended that the 60' would split into north and south as well, but we needed 2 teams to volunteer to play in the north and sadly no teams came forward.

The 60' league (with 12 teams) will play each other twice and have to travel to all venues.

The leagues with 6 or 7 teams will play each other 3 times.

The 65' leagues only have 5 teams in each and will play each other 4 times.

To make it easier to organise tournaments a 6th team will be invited to all these tournaments so that we can use 3 pitches and the teams do not have to wait around while others play.

For the 50 and 65 there will be a playoff event in October at a central venue.

Over 50's Division South

PO			14/	-		G	PT
S		۲	W	U	5	D	S
1	Concord Rangers Blues	0	0	0	0	0	0
2	Concord Rangers Yellows	0	0	0	0	0	0
3	Eastwood Falcons	0	0	0	0	0	0
4	Leyton Orient	0	0	0	0	0	0
5	Romford WF	0	0	0	0	0	0
6	Southend WF	0	0	0	0	0	0
7	Wakering WF	0	0	0	0	0	0

Over 50's Division North

PO			w	-		G	PT
S		۲	vv	U	-	D	S
1	Ball Payne Hammer	0	0	0	0	0	0
2	Chelmsford City	0	0	0	0	0	0
3	Clacton Knights WFC	0	0	0	0	0	0
4	Colchester United FITC	0	0	0	0	0	0
5	Cornard United Dynamos	0	0	0	0	0	0
6	JPS Clacton WF	0	0	0	0	0	0

Over 60's Division

PO		PWDL G PT
S		PWLLD S
1	Chelmsford City Lions	000000
2	Chelmsford City Tigers	0 0 0 0 0
3	Clacton Knights WFC	000000
4	Concord Rangers	000000
5	Eastwood Falcons Blues	0 0 0 0 0
6	Eastwood Falcons Blues	0 0 0 0 0
7	Grays WF	000000
8	Leyton Orient	000000
9	Little Oakley	000000
10	Southend WF 'A'	000000
11	Southend WF 'B'	000000
12	Wakering WF	0 0 0 0 0

Over 65's Division South

POS		Р	w	D	L	G D	PTS
1	Eastwood Falcons	0	0	0	0	0	0
2	Grays Athletic	0	0	0	0	0	0
3	Leyton Orient	0	0	0	0	0	0
4	Romford WF	0	0	0	0	0	0
5	Southend WF	0	0	0	0	0	0

Over 65's Division North

PO			w			G	PT
s		۲	vv	Ц	5	D	S
1	Chelmsford City Jaguars	0	0	0	0	0	0
2	Chelmsford City Lynx	0	0	0	0	0	0
3	Harwich Hornets	0	0	0	0	0	0
4	Little Oakley	0	0	0	0	0	0
5	Paringdon Pirates	0	0	0	0	0	0

The working 'window' dates are set out below just to give you some idea of **roughly** when league matches will be played, specific dates and venues these are currently being finalised and will appear in the March Newsletter as well as being loaded onto Pitchero. Watch this space!!

	65 1	4 Mar	to	7 Mar
	50 1	9 Mar	to	10 Mar
	60 1	25 Mar	to	29 Mar
	50 2	6 Apr	to	7 Apr
	65 2	8 Apr	to	11 Apr
	60 2	29 Apr	to	3 May
	65 3	20 May	to	23 May
	50 3	25 May	to	26 May
	60 3	11 Jun	to	14 Jun
	65 4	24 Jun	to	27 Jun
	50 4	29 Jun	to	30 Jun
	Age UK Cup	13 Jul	to	14 Jul
	60 4	22 Jul	to	25 Jul
	65 5	2 Sep	to	5 Sep
	50 5	7 Sep	to	8 Sep
	60 5	16 Sep	to	19 Sep
	Prostate Cup	30 Sep	to	2 Oct
prov	<u>65 playoff</u>	14 th Oct	to	16 th Oct
prov	<u>50 playoff</u>	19 th Oct	to	20 th Oct
prov	<u>60 6</u>	28 th Oct	to	31 st Oct

Finally on this subject, we were all invited to confirm our preferences / commitment in terms of which teams you wished to be considered to be selected for. Most folks have done this but if you haven't please let Terry B know.

Medical information – make sure you have updated yours

As you know we were all asked to complete a medical form when joining the club. This is important information because it enables the

club to properly consider its response in a medical emergency or when more generally considering player well being.

It is important that from time to time we ensure that this information is current.

On that note, you will have received e-mail from Gerry asking you to confirm to Peter O what your current medical status is. This is very simple, either reply 'no change' or provide Peter with an update on a change. Thank you

Warm -up routines

I circulated a copy of Sam Robinson' warm –up routine summary, if anyone has difficulty with e-mail or accessing the document please let me know and I'll make sure you get a paper copy.

We will be adopting the warm-up routines before all training sessions and league matches.

Gerry has also reminded us that it is good practice to adopt a personal warm-down at the end of each session.

Sam thoroughly enjoyed joining us for the warm –up session and was surprised by the intensity and technical nature of the game. Sam is going to stay associated with CCWFC and will pop by from time to time to run a short session or offer general advice.

A word about an old footie chum - Chris Jones

Many of you know our good friend Chris Jones (don't worry he is alive and kicking!!)

Chris has recently moved to Cornwall and we wanted to say a few words to mark his time with us.

Chris played in goal for Chelmsford for 2 years and helped the team become Essex champions at the WFA national tournament in 2015. He was also instrumental in getting our first introduction to Chelmsford City to get our sponsorship.

Chris moved to play for Romford because at the time it was closer to where he lived. He also went on to make the final 18-man squad for Wales.

I know that Chris would like to thank all of his many friends, team mates (and sometimes opponents) at Chelmsford City for all of the support, encouragement and challenge he has had over the last four years.

Chris is a great ambassador for the sport and played an important part in the early years in helping establish CCWFC.

We all wish Chris well for the future.

International news

England took on Gibraltar on the rock and in a closely fought game won 11-0 ^(c) (sorry not very respectful of our cousins from Gibraltar).

Spencer was playing a defensive role in this game but still got on the score sheet!

I bet Gilly wouldn't have let 11 in!! (mmm, now I think about it)

All joking aside, congratulations to the England boys for another emphatic win.

PLAYER PROFILE

In this edition we profile Peter Osborne

Peter was born in London on 23 December 1955 and lived in Camden Town for the first couple of years. His close family all came from North London so it was no surprise that he was brought up on 'Arsenal' (this explains quite a lot!)

Peter and his parents moved to Rayleigh in 1957, a town he has lived in for most of his life. After his dad died 11 years ago Peter and his wife Lesley I moved back into the bungalow he had lived as a child (albeit now heavily extended and modernised). He is now the longest serving resident in his street!

Peter attended the local junior and senior schools and went on to Sixth Form College. He studied for two professional

qualifications (banking and auditing).

Peter had a notion that having 'A' level French under his belt (among others) would see him joining the Diplomatic Service, so of course he promptly took a job at the Midland Bank! He worked for that organisation for about a year but he was very disappointed not to have achieved 'bank manager' status in his first 12 months (the familiar ring of youthful naivety!).

He was then offered a job in HM Customs and Excise, which he accepted. Peter was quite attracted to the role of being a true 'Customs' man, rummaging ships and searching for contraband. Despite his detective tenancies Peter never got to 'chase the pirates'. His career moved in a different direction with numerous roles within Customs & Excise, the European Commission and secondments to other organisations at various locations throughout the UK.

Peter retired 5 years ago when he reached the age of 58, having truly had his fill of bureaucracy. He says that he hasn't looked back. He really wouldn't have wanted to be involved in the current Westminster 'Brexit' fiasco! He still carries out some small-scale accountancy work for local organisations and clubs/associations.

Aside from walking football, which now consumes much of his time, he has always had a fascination for the railways of Britain, particularly the steam era.

His mum and dad never owned a car so they either travelled by bus or train. Peter looks back with fondness on holiday journeys to Devon and the Isle of Wight at a time when steam locomotives were commonplace. He has been a keen collector of model railway products since a very early age, although he quickly adds, that he has never actually built a layout!

Although he has no qualifications in engineering Peter says he loves problem solving (particularly mechanical challenges) and really enjoys building things. At work he was described as 'Mr Fixit' (among many other things I am sure). He has little doubt that he should have been an engineer.

I asked Peter what he considered to be his best achievements in life. Without a doubt he feels that seeing his two sons born and bringing them up is top of the tree.

From a working perspective he is proud to have been able to influence some high-profile decisions taken by government, particularly when they have featured prominently in the public domain.

Playing sport has always featured in Peter' life and he has enjoyed many activities, particularly those involving a ball.

Peter played football for the school, district, college and local clubs, but his real passion in his youth was athletics. He was very fortunate to have represented the Southern Counties in sprint hurdles, sprint relay, and triple jump (this explains his running in walking football – only joking!).



More latterly Peter was very proud to lead the Southend United WF team in the finals of the English Football League competition staged at St George's Park. This pride is paralleled by his involvement with the CCWFC 60+ team and its phenomenal performance in lifting the EWFL league title last season. He felt very honoured to be a part of this.



I asked Peter about meeting famous folks. Peter says that he never met any 'A' list celebrities but he did spend the last of his working years advising senior government ministers and various Chancellors (including his namesake George Osborne).

No doubt he could share a number of stories involving ministers and EU senior officials that would make us cringe but he is still sworn to secrecy by the Official Secrets Act and we don't want him looked up in the Tower! (or do we ?...)

I have to say this bit of Peter' life has conjured up images of Sir Humphrey in 'Yes Minister'!!

Peter also served his time as a VAT inspector (he shares this not expecting a round of applause). He did meet some colourful characters such as Keith Floyd, whose language apparently left a lot to be desired!

Peter also met a number of star athletes during his athletics days, such as Steve Ovett, Steve Cram and Seb Coe.

Peter isn't an avid traveller, but he loves Italy, would like to go to Australia (but doesn't fancy a day on a plane) and thinks the Isle of Wight is fantastic. In fact he and Lesley had thoughts about retiring to the Isle of Wight until his twin grandsons Theo and Noah arrived – he is smitten, so the I.O.W has been crossed off the list.

Frankly I'm pleased that the I.O.W idea has been ditched, it a fair run to Southend to play footie, blinking I.O.W for a few 20 min games would be a real test of commitment!!

Peter has a wide range of musical tastes, but the music of the 60s and 70s has his heart. He reflects on the great groups and songs of the time and if he had a 'desert island disc' it would have to include The Hollies, Randy Edelman, Bread, Carpenters, Pet Shop Boys, Artful Dodger (hey he's not from the 60', get off the disc)!! and Chicago.

When Peter' dad was alive they used to get together and duet on their keyboards, something that Peter misses very much.

So what goes on in Peter' life today? A big part of his life is walking football. He has his wife Lesley to thank for that (and she has probably regretted it ever since).

Apparently after Peter retired he continued to play 5-a-side football with former workmates but he suffered a ruptured cruciate ligament. What a hero you are thinking, he was the last man in defence; he threw himself into a crunching tackle and took one for the team. No, he fell from a platform whilst painting the outside of his bungalow.

Several months into his recuperation Lesley spotted an advert for walking football that Southend United had placed in the local paper and she suggested that he might like to try it as a stepping-stone to returning to the 5-a-side game. As they say, the rest is history.

Four years on and he hasn't seriously thought about returning to 'normal' football.

Walking football has enabled Peter to not only get back to a sport that he loves but it has also given him the opportunity to make a voluntary contribution in retirement as secretary of the Chelmsford and Southend WF clubs and of course the Essex WF league.

Peter is an avid supporter of what walking football can do to help people to remain physically fit, mentally active and to be socially engaged. There is no doubt that Peter is a true ambassador for the sport.

So what's on Peters bucket list? Well it's a short list!! Before Peter retired he had taken a few flying lessons and he really enjoyed them. His first lesson was action packed as it involved monitoring an incident with an autogyro that had seemingly landed in a field unexpectedly. He still has aspirations to obtain a Private Pilot's Licence but at the moment

he is not sure that he has the time to fit in the lessons!

Secondly and lastly (Peter did say it was a short list!) he would like to learn to play the drums. He hasn't yet purchased a drum kit but it's towards the top of his shopping list. Where will it lead I hear you ask? Phil Collins or Animal from the Muppets, only time will tell.

Finally, Peter is a fairly philosophical person, he likes to help folks to help themselves and lives by a simple mantra ... take each day as it comes, enjoy it as if it was your last and treat everyone as you would like to be treated.

You can't say fairer than that!

Next month' player profile: Alan Oliver 'Ollie'

FOOTIE QUIZ

This is another chance to test you footie knowledge. The answers are at the very end of the newsletter (no cheating and taking a peak before you get started!!!).

1. Which European club has the motto that means in English ' More than a club'?

- 2. Who was the goalkeeper for Arsenal during their 2003/4 undefeated season?
- 3. Which English football team won the 2011 FA Cup?
- 4. Who scored the equalising goal to make the score 3-3 in the 2006 FA Cup Final, taking the match into extra time?
- 5. Which England manager gave David Beckham his first England appearance?
- 6. Which team hold the unfortunate record of fewest league wins in a Premier League season?
- 7.What is the biggest city in the UK to never have a football league side? Good rugby team though!!
- 8. The 1982 Southampton team included Channon, Ball, Shilton, Keegan, Mark Wright and Dave Watson. What do all these players have in common?
- 9. Who was the first black footballer to score for England?
- 10. The match between Liverpool and Arsenal on August 22nd 1964 was the first to do what?

I'M KNACKERED IS THERE A DOCTOR IN THE HOUSE ?- recommendations for sport injuries help

This is where club members recommend people or products that they have successfully used to help them get over sports injuries and niggles.

Sam Robinson (Sports injuries /rehabilitation)

3 Navigation Road, (at the back of Runactive) Chelmsford, CM2 6HX 07587054854

Recommended by Spence; Chris; Paul; Steve; John; Chas.

Paul Irvine (Chiropractor)

Complete Chiropractic 88 Broomfield Road Chelmsford CM11SS 01245358742

Recommended by Tony E

Ankle support

As many of you know John Stratton has had an on-going issue with an ankle injury.

John wanted folks to be aware that Sam has recommended a particular support, see below.

https://www.physioroom.com/product/Ultimate_Performance_Ankle_Support_Adjustable_Straps_Lightweight_Neopre ne_Ankle_Brace/3121/39230.html?gclid=Cj0KCQiAheXiBRD-ARIsAODSpWNwDSqsVsxHzyHaUO2y4kLeEOciLpD8-JanZ73zAIzqpHRrPvZO7CoaAjACEALw_wcB

Apparently the trick is to get one with a good elasticated strap that you can pull tight around your ankle. The tighter you wrap it round the more support you'll have. Thanks John.

CHRIS' CORNER

Well this time of the footie year is notable for the frantic activity of the 'transfer window'.

Managers and agents all over the country use their cunning to encourage, persuade and entice star players to sign up for a better future playing in 'their' team.

As we know, in todays transfer market players often exchange hands for millions of pounds.

Managers of the selling club 'big –up' their stars' talent to the point that everyone believes that they cannot only kick a ball, but can also solve world hunger, be a part-time astronaut as well as fixing Brexit!!

What often materialises (much to our dismay when they are joining 'our' club) is they can do the last 3 but struggle to kick a ball. We often sense that there was a pup being sold and that 'we' bought it.

I have to say I like the more open approach of a hundred years ago.

In October 1919 Leeds City were expelled from the football league for financial irregularities.

Leeds City decided to auction their players. League managers came from all over the country looking to get a bargain.

They produced an auction brochure, which was entitled 'Leeds City player auction – everyone must go'. (this tickles me)

The auction took place at the Hotel Metropole in Leeds and was run by an auctioneer called Mr P Ridsdale (I have this picture in my mind of 'Open all hours' and the till slamming shut)

Up steps Mr Ridsdale, 'I shall give you a brief description of the player and his reserve price, you can then start the bidding"

Lot 1 – B McLeod

'A fiery young centre –forward who actually cares whether Leeds City win or lose. Deserves better than to be stuck with this shower. Doesn't score many goals. Purple lips. Reserve price £1200'

Lot 2 - F Chipperfield

'Short midfielder. Prone to off-field trouble. You'd be mad to buy him. But Leeds did. Reserve price £100 '

Lot 3 – H Millership

'Midfielder. Average passer, average tackler, average dribbler. Really average. Hugely overpriced. Reserve price £1500'

Lot 4 – J Hampson

'Gifted dribbler with a penchant for humiliating opposing defenders and scoring spectacular goals. Reserve price £1200 (but will accept ridiculously low offer).'

Lot 5 – F Linfoot

'Experienced and trustworthy mid fielder. So old he plays in carpet slippers, but leads by example. Do not let him take a

penalty. Ever! Reserve price £300'

Lot 6 - W Walker

'Suspiciously fat looking centre forward, but lethal when he can be bothered. Which isn't very often. Reserve price $\pounds 1,100$.'

I could go on, but you get the idea.

A part from a number of these descriptions being remarkably close caricatures of some (if not most) of our CCFWC players, it made me think how different the transfer market might be today if we adopted this approach.

I suspect some of the deals just wouldn't have happened – Torres from Liverpool to Chelsea for £50m; Di Maria from Real Madrid to Man U for £60m; Andy Carroll from Newcastle to Liverpool for £35m then onto West Ham for £15m; Benteke from Aston Villa to Liverpool for £32.5m the list goes on.

Yep, I definitely favour the auction approach

Lot 1 - a Belgian bloke called Benteke, likes buns and Leffe Blonde, turned up at Aston Villa for £7m (a lot of buns and blonde beer). In fairness he did ok, scoring 49 goals in 100 games (not too shabby). He mysteriously points at the sky seeking Devine intervention.

Then Liverpool paid £32.5m for him and he scored 10 goals (that's £3.25m a goal) before shipping him off to Crystal Palace. Anyone who buys him had better have a plan to get him scoring goals, because pointing at the sky isn't working!!

His Premier League honours pretty much boil down to 'Player of the Month' in April 2015 which hugely inflates his reserve price to 250 euros plus of course a decent supply of Belgian buns and blonde beer!

It's a funny ol' game.

Chris Jullings chris.jullings1@btinternet.com 07850 725691

USEFUL LINKS

Chelmsford City Walking FC:	http://www.chelmsfordcityfc.com/teams/136556
Essex Walking Football League:	https://www.essexwalkingfootballleague.org/
Chelmsford City FC:	http://www.chelmsfordcityfc.com/
WFA	https://thewfa.co.uk
FA WF league Fixtures and Results	http://fulltime-league.thefa.com
Walking Football United:	http://www.walkingfootballunited.co.uk/

Answers to the Footie Quiz

1.Barcelona

2.Jens Lehmann

3. Manchester City

4.Steven Gerrard

5.Glenn Hoddle

- 6.Derby County (1 in 2007/08)
- 7.Wakefield (West Yorkshire)
- 8. They all captained England
- 9.Luther Blissett
- 10.Be on 'Match of the day'