



Terry Buck: Chairman, Team Manager 60+
 Peter Osborne: Secretary
 Gary Murphy: Team Manager 50+, Kit Manager
 Mark Elnaugh: Treasurer
 George Keogh: Social Secretary
 Bob Willis: Committee Member

CHELMSFORD CITY WALKING FOOTBALL CLUB NEWSLETTER,

No.8

JANUARY 2018

FORTHCOMING FIXTURES FOR YOUR DIARY

DATE	VENUE	TIME	EVENT	VERSUS
Tuesday, 30 th Jan 2018	Melbourne 3G pitch, Chelmsford	10.00	60+ tournament	Various
Sunday, 18 th Feb 2018	Shooters 5-a- side, Rayley Lane,Epping	16.00	50+ tournament	Various
Sunday,13 th May 2018	Margate FC, Margate	12.00	Dave Bambridge Memorial Cup	Various

Please make sure that you confirm your availability promptly when requested.

Unless otherwise advised please arrive at the venue at least 30 minutes prior to kick-off to allow for registration, changing etc. In the event that you are unable to play in any match for which you have been selected, please make sure you notify your team manager without delay. Referees are instructed that anyone not wearing shin-pads will not be allowed to play. As always, please check on our website for further information on the above fixtures.

It is essential that all kit is returned as instructed in order that it is then available for the next game. If you have any questions about returning kit please contact Gary at one of the training sessions or any other committee member if he is not around.

OTHER NEWS

Essex FA Emergency First Aid Course – There are still places available on these evening courses which last approximately 3 hours. If you would like to take part please let Terry know by email or by speaking to any committee member. The cost of the course will be covered by CCWFC.

Please note that in the event of an emergency either indoors or outside at any of our Tuesday or Thursday sessions, the trained staff in the Melbourne Sports Centre will be able to attend. There is also a defibrillator available in the centre, please make sure that the staff are fully advised so this can be taken with them if required.

Chelmsford City Christmas raffle – Thank you to all those who purchased tickets for the Chelmsford City FC Christmas raffle. The biggest thanks must go to our “Ticketmaster” Gary for arranging the distribution of tickets and then chasing us all up, this resulted in a terrific contribution of £275 into our CCWFC funds – well done!

BEHAVIOUR & ETIQUETTE

A reminder of the note from the committee recently sent to all players:-

“Player health, safety and welfare should be of paramount importance to everyone. Recently we have seen some over enthusiastic tackling that has resulted in players ending up on the ground and/or suffering injuries. We should like to remind players that all sessions are non-contact.

We would also like to emphasise the need to exercise caution when shooting at goal. This year a few of our players have been seriously injured, mainly when playing in goal, and have required hospital attention. You don't need to try to burst the net!

Please remember that these are friendly sessions and we accommodate a wide range of ages and skills/abilities. Accordingly we expect everyone to display the highest degree of respect, courtesy and sportsmanship. Please leave your aggression and offensive language behind.

At the end of every session could you please help to tidy away the bibs and equipment. When the Club's bags are packed please help to return them to the Leisure Centre reception.

Let's all continue to enjoy our football!”

TRAINING DATES & TIMES

Tuesday 10.00 to 12.00 outside on the 3G pitch at Melbourne Park (boots with moulded studs must be worn – no trainers of any type are allowed).

Thursday 11.00 – 13.00 inside at Chelmsford Sports Centre.

Always remember to check on the Chelmsford City Walking FC website for further up to date information as these times and dates can be changed due to tournaments etc.

GEORGE KEOGH

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USEFUL LINKS

Walking Football United:

<http://www.walkingfootballunited.co.uk/>

Chelmsford City Walking FC:

<http://www.chelmsfordcityfc.com/teams/136556>

Essex Walking Football League:

<https://www.essexwalkingfootballleague.org/>

Chelmsford City FC:

<http://www.chelmsfordcityfc.com/>